



NARAYANA ENGINEERING COLLEGE

(An ISO 9001:2015 Certified Institution, Approved by AICTE New Delhi & Permanently Affiliated to JNTUA, Ananthapuramu)
Dhurjati Nagar, Gudur-524101, SPSR Nellore District, Andhra Pradesh

Department of **COMPUTER SCIENCE & ENGINEERING**



Webinar on Preventive Measures On Covid-19 Pandemic

18.12.2020

The Department of Computer Science and Engineering Women Forum wing of Narayana College of Engineering, Gudur has conducted a Webinar on “Preventive Measures On Covid-19 Pandemic” in Association with ISKCON, on 18th December 2020 by Dr.C.Rohini, M.B.B.S, Gudur. Resource person has been introduced by the HOD Dr.P. Venkateswara Rao & addressed the students on significance of the webinar Dr.C.Rohini had explained how the Coronavirus is mainly spread by respiratory droplets in the air. Transmission of coronavirus from contaminated surfaces to the face is also possible and also Describe the clinical presentation and progression of the diseases.



1. Hand washing, respiratory hygiene, social distancing and staying at home are the most important ways to prevent the spread of coronavirus.
2. Wearing cloth masks in crowded spaces will help to reduce the risk of coronavirus infection.
3. Should eat a variety of fresh and unprocessed foods every day to get the vitamins, minerals, dietary fiber, protein and antioxidants our body needs. Drink enough water & Eat fruits, vegetables, legumes, nuts and whole grains, foods from animal sources. For snacks, choose raw vegetables and fresh fruit rather than foods that are high in sugar, fat or salt.